

# THRIVE MENTAL HEALTH COACHING & CERTIFICATION

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Thrive Alliance Group



# MENTAL HEALTH COACHING & CERTIFICATION FOR SCHOOL STAFF

## An affordable solution for school mental wellness

Thrive Alliance Group has developed a unique and affordable solution to help schools improve student and staff mental health. As a result, the school culture and climate will transform to accept and prioritize mental wellness. Our mental health training, coaching, and certification program leverages the resources you already have, **your talented school staff**.



Our program is a blended learning model comprised of a series of online mental health training modules and assessments. Following are a sample of the topics we cover:

- Mental Health Intervention in the School Setting
- Record Keeping and Data Collection
- Assessment of Risk: Columbia Suicide Severity Rating Scale (C-SSRS)
- Crisis Intervention
- Understanding Trauma Informed Care
- Intervention for Self-Harm / Self-Injury, Intervention for School Refusal
- Understanding Integration of Mental Health Goals Into the IEP
- Introduction to Transference-Focused Psychotherapy - Extended
- Understanding and Responding to Behavioral Issues
- Working Through Teacher (Adult) Student Conflict, and Group and Family Techniques
- Mental health certification for your staff and school upon completion of the program



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## Coaching

Thrive's program also provides weekly therapeutic mental health coaching sessions with a clinical expert for ongoing guidance and advice.

With mental health coaching, your staff members are never left without an expert resource to turn to for advice and answers to their questions, even after they have completed the training modules and earned their mental health certification.

## Professional Development

We have developed a series of mental health workshops to teach your school staff members how to recognize and respond appropriately to student mental health issues. We can also deliver presentations for parents on a variety of topics related to mental health. These workshops can be customized to your school district needs.

## Costs

Thrive Alliance Group is dedicated to making mental health solutions affordable for each and every school district. The services outlined **range from \$30,000 to \$45,000** and are customized to the needs of each district.

**WE INVITE YOU TO TRIAL  
THE PROGRAM**

**Contact Christina Jelly to learn more:  
[CJELLY@THRIVEALLIANCEGROUP.COM](mailto:CJELLY@THRIVEALLIANCEGROUP.COM)**

# ABOUT THRIVE

## **Strengthening Schools, Transforming Lives**

Thrive Alliance Group was formed to make mental wellness a part of the climate and culture in school districts across the country. Our programs make schools stronger and transform the lives of students.

Our leadership team brings together many years of experience in special services as administrators, licensed social workers, clinical supervisors and educators.

We understand the challenges you face in school settings: navigating the complex need of educating and addressing mental health support.

**Contact Christina Jelly to discuss your district needs.**

**(862) 701-5110**

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